

扶康會
四十周年誌慶研討會「老齡與共融—文明社會的挑戰」
分組環節 — 內容摘要

分組三

主題：多元介入

M1：美國國際最佳老友運動成效

國際最佳老友國際計劃總監 **Ms Jennifer ALLEN**

Over the last 28 years, Best Buddies International (BBI) has been creating friendships, leadership opportunities, and jobs for individuals with intellectual and developmental disabilities (IDD) in over 50 countries. The impact of the Best Buddies programs expands beyond our buddies and reaches many parts of society. This session will explore the BBI methodology of measuring social impact and will share some of the most recent results from our studies. With an increasing focus on the importance data, it is vital for non-profit organizations to track and measure every possible social impact their programs are creating.

M2：老友三缺一

扶康會社工 梁少英女士

扶康會社工 李瑞龍先生

扶康會康復導師 王詠賢女士

服務使用者參與是社區共融非常重要的一部份。精神康復者往往因患病和情緒的影響，有表現社交退縮或缺乏參與動機；而生活資源貧乏，亦限制了他們的社交圈子、接觸和參與社區的機會。康晴天地自 2013 年開始推行老友三缺一計劃，為精神康復者會員建立社交網絡，讓有共同背景及興趣的會員連結一起；計劃亦為會員提供資助，豐富他們參與社區的條件，從而鼓勵他們多接觸、積極參與活動。老友三缺一計劃得到正面的成效，對康復者的復元過程也起著很大的作用。

M3：正向行為支持方案於智障兼自閉症譜系障礙成人在工作間的應用

扶康會臨床心理學家 何穎兒女士、梁凱琪女士及王千嘉女士

People with autism spectrum disorder (ASD) and intellectual disability (ID) can present challenging behavior at work. The presence of challenging behavior can act as a barrier for individuals with ASD and ID in securing the employment in the workplace. Positive behavior support (PBS) is an evidence-based approach that is used effectively in various settings. The outcomes of PBS include reduction of

problem behaviors and enhancement of learning of socially valid behaviors. Two case examples illustrate the use of PBS model in supporting the individuals with ASD and ID in the workplace.

M4：家長以伙伴的角色與服務機構共同提升服務質素及倡導政策的改變

扶康會服務使用者家屬 吳錫汶女士

扶康家長會主席 林禮勝先生

Through a storytelling approach, Ms NG gives personal accounts on how the role of the Service User's Parent has developed over the years and how this consequently led to the creation of Fu Hong Parents' Association (FHPA), and the combined efforts have forged a better service. Towards the end of the presentation, Ms NG also shares her views on how to achieve optimal results from cooperation and collaboration based not only on agency belief, mission and policy but also mutual understanding, reciprocal trust and respect, and true conviction in user participation.

M5：推動殘疾人士就業 — 港台兩地職業康復服務面面觀

扶康會服務總監 麥潤芸女士

扶康會高級服務經理 李美芳女士

扶康會社工 劉惠敏女士

Persons in recovery from mental illness are often marginalized in the mainstream of social, economic, educational, recreational and cultural resources and excluded from equal access to participation opportunities as a civil right. By participating in research as respondents or as peer researchers, mental health service users give their voices and contribute to the knowledge construction that informs policy-making, service delivery and clinical practice.

This presentation highlights how we can enable persons in recovery to express their voices and unfold their stories about participation in mental health services through a community-based participatory research (CBPR) project. It also discusses how the participatory method can be used to promote social inclusion practices and enhance involvement of persons in recovery in mental health research. The benefits of CBPR that are not elicited through the conventional research method, as well as the lessons learned are to be discussed.

M6：精神健康研究：共融或是排斥？

香港大學社會工作及社會行政學系講師 **鄧佩珊博士**

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M7：表達藝術於復康服務：專業培訓及實施

註冊藝術心理治療師、香港大學行為健康教研中心高級研究統籌及香港大學表達藝術治療碩士課程實習統籌 **李萱彤女士**

香港大學行為健康教研中心研究統籌 **韓卓妍女士**

Fu Hong Society and Centre on Behavioral Health, HKU collaborated on an Expressive Arts Intervention for People with Intellectual Disabilities/ Mental Health Problems during November 2015 - 2016. The project comprises a 3-day professional training for social workers and rehabilitation workers from Fu Hong Society, ongoing supervision and five 10-week expressive arts intervention groups led by the trained workers. Quantitative and qualitative results indicated improvement in psychosocial functioning and emotional wellbeing in people with Intellectual Disabilities/ Mental Health Problems. The project offers a useful training and implementation model for future application of expressive arts in rehabilitation services.

M8：扶康關愛家庭的獨特模式及未來挑戰

扶康會創辦人及神師 **方叔華神父 PIME**

Fu Hong Society (FHS) firmly believes that love and family life are integral to the lives and psychosocial wellbeing of individuals with disabilities. In 1997, FHS launched a self-financed family care home project, which was and is still a unique service in Hong Kong.

The project provides homes for persons with intellectual disabilities who are either orphans or without parental care. Staff and community volunteers of the homes are called “Elder Brothers, Housemothers and Regular Friends”, and they together with the family members play the essential roles of forming a family transcending physical and intellectual barriers.

Fr. Giosuè G BONZI, the Elder Brother who has been living in Encounter family for almost 20 years, writes about his first-hand experience that the family care homes enable its members to enjoy the rights of having family and community life, and their smiles and positive attitude to life are hardly found in ordinary hostels. It is proved by his experience that love and family life are the two most vital elements for the life of everyone.